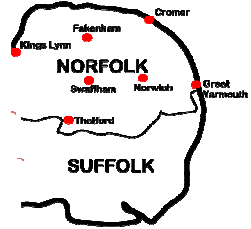


WINTER 2009 TRAINING NEWS

The Training Association EAST
represents:
Norfolk & Suffolk areas
east of the A10
Contact Jayne Parsey
01485 600225 / 07810 264363
jayne@traineast.co.uk



For courses west of the A10 see green sheet

www.traineast.co.uk

Developing Management Skills -

this training is very expensive unfunded so take advantage of this FUNDED course now:

Staff are the most valuable resource in any business. Take this opportunity to value and invest in them and help your business flourish. This series of one day workshops can be booked as individual days or if you sign up for all 5 days and complete the work based project and exam then they form the Institute of Leadership and Management level 3 qualification.



Solving Problems and Making Decisions 14th December

Develop a variety of approaches and thinking techniques when dealing with problems that arise, to ensure a thorough evaluation of the situation, thereby reaching the optimum solution or minimising the risk of any downsides.

Planning and Managing Time to Achieve Results 8th January

Dealing with time management problems, develop strategies and specific practical systems to eliminate or reduce them. Identify where workload comes from and how to manage it, practical steps to create more time. Having completed this practical day those attending are able to achieve more with a lot less stress.

Dealing with Conflict Assertively 18th January

For managers, supervisors or staff who would benefit from using alternative behaviours to get more done with less conflict, frustration and stress. The way we behave and communicate with others is influenced by skill, attitude and habit. With some effort we can change the bits which are not working.

Developing Leadership Effectiveness 10th February

Enhancing supervisors and managers skill in motivating staff using effective leadership. Everyone is different, so an understanding of the impact of different leadership behaviours will help participants to encourage the best effort from staff. The result is more return from a business's major investment - its people.

Increasing performance through staff coaching and training staff 23 February

For managers and supervisors to help develop their people to reach and maintain their potential. This investment yields benefits of increased motivation, lowering staff turnover and growing people within the business

NEW: Combinable Crops Agronomy Group based in Norfolk. 14th January in WATTON

First Meeting: Do you have the right sprayer for the job? with Professor Paul Miller of the sprays application unit at Silsoe and **Grass Weed Control** with Dr Steven Moss of Rothamstead Research



CHEMSPEC
EAST ANGLIA

Is your sprayer right for the job, is it time to invest in a new machine? come and listen to Professor Paul Miller speaking on his ideas for improving your old sprayer or purchasing a new one. Are you sure you can control your grass-weeds this year? Dr Stephen Moss will be there to discuss the prospect for future control of grass-weeds after the loss of IPU, and current issues of weed resistance to herbicides. More meetings planned during the season to discuss topical agronomy issues to be lead by the Chemspec Agronomist team in Fakenham.

14th January start plus 3 more in field meetings during the year.

Driver CPC for lorry drivers


We know how unpopular the idea of regular annual training is, but the fact is that Driver CPC is here to stay. To make this as time and cost effective as possible we have combined legislative courses that your employees already need to attend with driver cpc courses. For this first year the courses we are offering under the 'Legislative/Driver CPC banner' are - Emergency First Aid at Work 7-hour courses, a morning on Manual Handling and an afternoon on Fire Marshall or a 7-hour Forklift Refresher or HIAB course. As I am sure you are aware the HSE recommend refresher training takes place every 3 – 5 years in most of those options anyway so why not combine the two & make those hours really count? Look for the Lorry Symbol in courses below to see what can count towards your Driver CPC, and plan to do 7 hours a year rather than be forced to do 35 hours in the last year.



LIFT TRUCK COURSES - Phone with your requests

COUNTERBALANCE – TELESCOPIC – FIXED MAST RT – REACH – LOADING SHOVEL – PIVOT STEER – SKID STEER - MEWP

ALL COURSES COUNT TOWARDS 7 HOURS OF DRIVER CPC

Remember HSE recommend that you should refresh lift truck certificates every 5 years 

FERTILISER SPREADER CALIBRATION CLINICS




- will be starting up again after Christmas. I will assume all those who came last year wish to return again, and if anyone else would like to join in a clinic near you, then the sooner you let me know the easier it is to find a venue near you.







LandSkills East is supported under the Rural Development Programme for England by EEDA, Defra and the EU, co-ordinated by Lantra and managed by the Rural Enterprise Hub at Easton College in partnership with Norfolk County Council.




We have been running **FUNDED PLOUGHING** courses with a good degree of success. We can run a day on a one to one or 2 persons to a plough to a max of 4 people, on your farm setting up and using your Ploughs, if interested give me a call.

Management & Operator courses planned so far for this season Funding Applied For all of these days:	
Thursday 28 Jan 	Timings Targets and Water - The VI course for this year with Trevor Johnson at Walsingham. Timing: will include; growth stages, mode of action, droplet size, nozzles, coverage, penetration retention, logistics and efficiency Targets: other targets using pesticides except the normal crop sprayer i.e.knapsack, rodenticides, grain store, dipping, fogging, etc. Water: monitoring pesticides in water, causes, removal, solutions. Following on from this in the afternoon will be a comprehensive product update session featuring advances in directional nozzles, shut off systems, sprayer plumbing, and manufacturer comparisons. We anticipate this to be at least a 10 BASIS & 14 NRoSO point day, funded with lunch provided.
Various Dates	One to One Computer Courses Anything covered from Accounts, Word and Excel, Outlook, Access, Publisher and other software covered. We come to you and you learn on your own computer with your own data and at your own speed.
18th February	Agronomy Update with John Purslow at Anglia Farmers, Honingham Thorpe
Friday 29 January 	Sugar Beet Agronomy Group - Slightly different format this year: 1 indoor meeting in January with guest speaker Keith Jaggard of Rothamstead Research whose research focuses on: Drought tolerance and water use efficiency, Crop growth models, Autumn growth and fungicide physiology, Environmental impact of the crop, Nitrogen fertiliser and light capture, In-field frost protection. Followed by a study group trip to France looking at minimum tillage techniques. And one in field meeting in the early summer with Mike May
Friday 11th Dec	Trailer Braking Systems:- Selection, Operation & Maintenance with Dr Andy Scarlett : Trailer not stopping as well as it used to? Heard stories of expensive tractor brake repairs? Confused by talk of new EU trailer braking regulations? Think you may be pushing the limits with that new 50 km/h tractor, but surely there's life left in that 15 year-old trailer? Unsure what to replace it with? If any of these questions apply to you, this course will provide the answers, helping you get the best from your current & future equipment. At Longham White Horse & Ben Burgess, Beeston.
Mon 25 January 	Seedbed cultivation and the importance of avoiding compaction with Dr Mark Stalham Soil conditions play a particularly crucial role in maximizing water and nutrient supply to the crop. Compaction caused by trafficking and cultivating the soil whilst above its plastic limit can reduce yield significantly. Compaction and slumped seedbeds reduce the efficiency of soil, rain and irrigation water, encourage nutrients to move down the profile and increase the potential for disease ingress and growth defects. Attendees will learn about the issues faced with creating seedbeds and the consequences of compaction on crop growth and yield.
Wed 3 February	Energy management with Bill Basford. A course for farmers and managers. A carbon footprint for businesses can be calculated based on utility bills / energy use brought to the course. This can be developed into operator guidance emphasizing issues with fuel use through sound field operation in tractor use and efficiency with many processes e.g. crop drying and storage. A review of all energy sources used on a farm is made, significance is discussed, calculations made and pointers offered to possible savings. Can you afford not to come on this course?
1 & 2 March	Nutrient Management Certificate – Compulsory CPD for all FACTS Qualified Advisors - with Dr Jim Lewis



DECEMBER Continual Professional Development Points for NRoSO BASIS

Monday 7 	LGV Driver Essentials - An introduction to Driver CPC, driving hours and working time directive, correct operation of tachograph equipment, analogue and digital, and driver daily walk round checks - intended for ANY driver Venue - FAKENHAM		
Tuesday 8	Pest Control Rats & Mice using traps and poison baits	6cpd	10cpd
Wednesday 9	PA6 – Knapsack Sprayer	12cpd	12cpd
Thursday 10	PA4 - Granule Applicator- Includes use of Slug Pellets	12cpd	12cpd
Thursday 10	Mini 360 degree Digger - For Lantra Certificate		
Tuesday 15	 Emergency First Aid at Work - Full Day Course to comply with new HSE Legislation + 7 hrs Driver CPC		
Monday 14-18inc	 ADR Carriage of Dangerous Goods on the Road - core, packages & 7 classes & Tanks if required 21 hours CPC		
Wednesday 16	PA1 - Foundation module - at Hockering	12cpd	12cpd
Wednesday 16	ATV - Sit Astride Day available for course on site as required		
Thursday 17 & 18	Chainsaw – Maintenance & Crosscutting Lantra Integrated Training & Assessment		
Friday 18	 Manual Handling & Fire Warden - 2 of your essential courses in one day + 7 CPC hours at Elveden		

JANUARY

Wednesday 13	PA2 – Ground Crop Hydraulic Nozzle Sprayer	12cpd	12cpd
Friday 15	Manual Handling - half day course - pm		
Friday 15	Abrasive Wheel - safety & use in accordance with PUWER Regs '98 - Whole day course		
Monday 18	ATV - Sit Astride for Lantra Certificate		
Tuesday 19	Food Hygiene for cafe & restaurant staff - CIEH exams available, Elveden		
Wednesday 20	PA1 - Foundation module	12cpd	12cpd
Thursday 21	Pest Control – Rabbits - training in the safe use of Aluminium Phosphides	6cpd	10cpd
Friday 22	Mig Welding - safety & use in accordance with PUWER Regs '98 - Whole day course		
Tuesday 26	 Emergency First Aid at Work - Full Day Course to comply with new HSE Legislation at Stow Bardolph	12 cpd	12 cpd
Tuesday 26	Lantra Level II Health and Safety in Agriculture - A one day course for employees. Covering: Responsibilities, accidents & machinery; The workplace, electricity & maintenance work; Working with or near others; Staying healthy; Other activities; Livestock, first aid & accident reporting. Venue	+ 3 for exam pass	+ 6 for exam pass
Wednesday 27 & 28	Towing Trailers/Horse Boxes - to add +E to DVLA Driving licences gained after 1997		

FEBRUARY

Monday 1 Feb	 Emergency First Aid at Work - Full Day Course to comply with new HSE Legislation + 7 hrs Driver CPC		
1st Week in Feb	Chainsaw – Maintenance, Crosscutting & Small Tree Felling – for NPTC test		
3-5 Feb	First Aid at Work - 3 Day Certificate - Kings Lynn - other dates and venues available please ask, Discounts Available		
Friday 5 Feb	 LGV Driver Essentials - An introduction to Driver CPC, driving hours and working time directive, correct operation of tachograph equipment, analogue and digital, and driver daily walk round checks - intended for ANY driver Venue - DEREHAM		
Monday 8 & 9 Feb	Chainsaw – Maintenance & Crosscutting Lantra Integrated Training & Assessment		